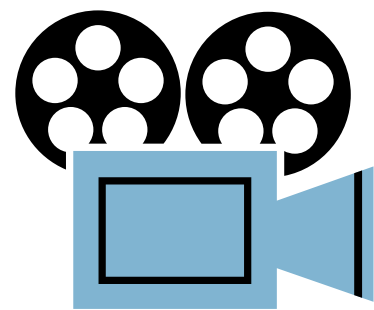




OUTSIDE WORLD

gedrag

AWAY

ME

Noticing

TOWARDS

BE BRAVE ACT MATRIX

'INSIDE WORLD'

gedachten, gevoelens, lichamelijke sensaties